

Peer to Peer Mentoring/Leadership Program

**“Standing *behind* young people because we *believe* in them,
And *beside* them because we *care* enough to get involved.” Bill Sanders**

Mission Statement

To educate and promote peer to peer mentoring/leadership to large groups of students.

Purpose Statement

To engage students to become proactive in helping their peers become stronger and more productive individuals. To train students to assist others in overcoming many of the very harmful issues facing today’s students.

Need Statement/Statistical Evidence

“Every day, nearly 160,000 children miss school because they are scared of bullying.”

National Educational Association

During the Middle School Years:

- ◆ 1 in 10 kids have had intercourse by the age of 13
- ◆ By age 13, 1 in 4 kids have had more than a few sips of alcohol and 1 in 5 have smoked tobacco. 1 in 10 has already tried marijuana before entering high school.
- ◆ By ninth grade, 1 in 4 students have suffered from prolonged depression, feeling sad or helpless almost every day for at least two weeks in a row.
- ◆ 1 in 3 kids report they are bored in school. Bored kids are more likely to get into trouble and act out in the classroom.
- ◆ 1 in 2 kids say they have cheated on school work in one form or another.
Cheating often leads to lying and stealing.

Source: Center for Disease and Control and Prevention

Supporting Evidence

Young people with mentors are:

53% less likely to skip school	46% less likely to use illegal drugs
37% less likely to cut class	27% less likely to begin using alcohol
33% less likely to hit someone	59% experienced improved grades

73% of students said their mentors helped raise their dreams, goals, and expectations

(Sources: Big Brothers/Big Sisters of America’s 1995 Impact Survey and Louis Harris Poll)

Program Educational Level

The program is designed for students in Elementary, Middle and High school levels with age appropriate material/content.

Program Leadership/Oversight

The National Character Education Foundation Peer to Peer Mentoring/Leadership program was designed and will be administered by Award-Winning author and Teen Talk Show Host Bill Sanders.

Bill is an author and co-author of 14 books including the Best Seller “Chicken Soup for the Teenage Soul”. He has hosted the nationally syndicated Television program “Straight Talk from Teens”. He has also been featured on over 400-radio stations nation-wide.

Bill has had the privilege of sharing the speaker’s platform with legendary speakers and personalities including Zig Ziglar, Dr. Norman Vincent Peale, Paul Harvey, Presidents Reagan and Ford, and others.

For the past 27 years Bill has inspired students to live responsibly and to show respect. Using real life stories and age appropriate content this assembly presentation will address many of the issues facing today’s students including bullying, negative peer pressure, drugs/alcohol use, creating a healthy self image and other relative issues.

Vision Statement

How wonderful would it be to have 50, 75, to 100 students trained and working on behalf of the school to create a safer, more productive learning environment for all students? Imagine having a large group of administrative subordinates supporting your schools initiative to care for one another no matter what their differences are. The outcome could just change the world!

NCEF Founder David Rettig

Implementation

Day 1- School-wide assembly with Bill Sanders.

Student assembly/program title: *“Everybody Matters and Every Decision Counts”
Starting with Me, Starting Today*

Length of Assembly: 60 minutes

Focus Of Assembly: The entire student body will hear a laughter filled, emotional message that is designed to get each student to search his or her own heart and see where they can make better decisions and treat others with more respect and kindness.

To help students envision their role in making their hallways, classrooms, school and community a safer more productive environment. To illustrate that every student matters and is important regardless of their differences.

Day 1, Student Peer to Peer Training Session

Following the Assembly a Peer to Peer Leadership/ Mentoring class session involving pre-selected students.

Length of Session: 90 minutes

Title: **Character Qualities of a Leader - Do I have what it takes?**

Learning Objectives: Students will learn what character qualities leaders possess. More importantly they will learn that they already possess each and every one of the needed

qualities however dormant they may be. They will hear what is expected of them and the commitment that must be paid to be a part of this group of positive, helpful and goal setting young people. They will be left with weekly activities to fulfill until our next session one month later. An adult whom we call 'an adult of influence' will be in charge of keeping the momentum going until we return. We provide the adult with a comprehensive training guide that spells out each activity, suggested meeting time, room set up and so on. The adult can get in touch with NCEF with any questions or concerns that arise.

Day 1, Staff Development Training Session (optional)

Staff In-Service session after school

Length of Session: 45 minutes

Title: **“The Art of Becoming Life-Touchers”**

Learning Objectives: To help the staff of the school remember why they chose education in the first place. To help them understand that their attitude and outlook is the single most important variable in the classroom. Even more vital is their presence outside of the classroom. They will be advised of the entire peer to peer mentoring program that has started and be given a booklet with many creative ways of helping the momentum continue.

Day 1, Parental Symposium Session (optional)

Parent/Community evening session

Length: 90 minutes

Title: **The Art of Opportunity Parenting**

Learning Objectives: Opportunity Parenting says that each positive or negative action or decision of our children offer us parents a great opportunity to either teach a valuable lesson or show how to nurture and support them. Parents will learn the 11 greatest words in Parenting: (Do whatever it takes. It's never too late. Never give up.) While laughing and listening to life changing stories they will also learn creative ways to communicate with their children as well as the 10 things teachers need most from parents. This session is a powerful close to a life altering day for many people.

Day 2, Student Peer to Peer Training Session

Timeline: Scheduled 30-45 days following day 1

Workshop for all enrolled peer to peer program students

Length of Session: 90 minutes

Title: **“I know how it feels” “Understanding other people's pain”**

Objectives: Finding out that each of us have had similar experiences such as feeling lonely, needing friends, wanting to be popular, or being picked on. The students will learn to be more focused on helping others than on looking at themselves in the mirror.

Day 3,

Timeline: Scheduled 30-45 days following day 2

School-wide assembly by an NCEF All-Pro Action Team Member.

Length: 60 minutes

Objective: To reinforce and support student initiatives regarding random acts of kindness, treating each other with respect, making wise decisions and choices.

Day 3, Student Peer to Peer Training Session

Following the assembly workshop with Bill Sanders and All-Pro Action Team Presenter

Length of Session: 90 minutes

Title: **“Taking Care of Myself”**, (In order to help others I must first respect myself and make good choices)

Learning Objectives: To discover that it’s OK to feel good about myself. Learning 52 creative ways of taking care of ones self. To experience a positive group activity where each individual contributes to a task. To build other’s self-worth as well as our own.

Day 4, Student Peer to Peer Training Session

Timeline: scheduled 30-45 days following Day 3

Workshop with Bill Sanders

Title: **“Developing Confidence in Meeting People”**

Length of Session: 90 minutes

Learning Objectives: Developing confidence in meeting other people. Allowing students to visualize and practice meeting other classmates for the first time. Developing confidence in complimenting others. Many students will learn for the first time in their lives that being a friend is the first step in gaining friends.

Day 5, Student Peer to Peer Training Session

Timeline: 30-45 days following Day 4

Workshop with Bill Sanders

Title: **“I Can Make a Difference!”**

Length of Session: 90 minutes

Learning Objectives: To get student leaders better acquainted with each other.

To get students to identify and remember significant facts about their fellow student leaders. To learn how to express one’s thoughts in a safe environment. To show each student that he or she is capable and valuable to the school community. To give students a vision of individually making a difference in others lives. To have students consider moving from a “me” centered value system to an “others” centered value system.

Day 6, Session 1

Timeline: Scheduled 30-45 days following Day 5

Workshop with Bill Sanders

Title: **“Mentors Change Lives”**

Length of Session: 90 minutes

Learning Objectives: To identify qualities of a good mentor

To identify a number of ways to become a mentor

To take specific steps to become a mentor