

## **A typical day with Bill Sanders at your school might look like this:**

- **Day 1, Session 1.**
  - The first part of Day 1 includes: An all school assembly by Bill Sanders
  - Title: “Everybody Matters and Every Decision Counts”  
*Starting with Me, Starting Today*
  - Length of Assembly: approx: 60 minutes
  - Focus Of Assembly: The entire student body will hear a laughter filled, emotional message that is designed to get each student to search his or her own heart and see where they can make better decisions and treat others with more respect and kindness. Students leave this powerful session different than when they arrived. Through Bill’s powerful storytelling ability students get a glimpse of what a safe and secure school environment is like. More importantly, they envision their role in making their hallways such that each and every student and school team member have worth and dignity. It is the impact of this assembly that makes being a part of the Peer to Peer Leadership and Mentoring group an honor and privilege.

### **Day 1, Sessions 2 and 3**

- The Second component of Day 1: A Peer to Peer Leadership/ Mentoring Session
- 40 selected students attend this session. (Thirty days prior to day 1 the school received a step by step form describing proven successful ways of selecting students to become a part of this group.) Quite often two groups of about 40 students will be trained to be leaders and mentors. They make a commitment to be a part of the group for the remaining of the school year.
- Length of Session: 90 minutes
- Title: Character Qualities of a Leader  
Do I have what it takes?
- Learning Objectives: Students will learn what character qualities leaders possess. More importantly they will learn that they already possess each and every one of the needed qualities however dormant they may be. Each student receives a copy of “Starting With Me, Starting Today” A teen leadership manual.

***Many schools have Bill return several times throughout the year to work with this group.*** If so, the students will hear what is expected of them and the commitment that must be paid to be a part of this group of positive, helpful and goal setting young people.

They will be left with weekly activities to fulfill until our next session one month later. An adult which we call 'an adult of influence' will be in charge of keeping the momentum going until we return. We provide the adult with a comprehensive training guide that spells out each activity, suggested meeting time, room set up and so on. The adult can get in touch with Bill with any questions or concerns that arise.

#### **Day 1, Session 4 (optional)**

- ◆ Staff In-Service session after school
- ◆ Length of Session: 45 minutes
- ◆ Title: "The Art of Becoming Life-Touchers"
- ◆ Often called "My best year ever!"
- ◆ Learning Objectives: To help the staff of the school remember why they chose education in the first place. To help them understand that their attitude and outlook is the single most important variable in the classroom. Even more vital is their presence outside of the classroom. They will be advised of the entire peer to peer mentoring program that has started and be given a booklet with many creative ways of helping the momentum continue.

#### **Day 1, session 5 (optional)**

- ◆ Parent/Community evening session
- ◆ Length: 90 minutes
- ◆ Title: The Art of Opportunity Parenting
- ◆ Objectives: Opportunity Parenting says that each positive and negative action or decision of our children offer parents a great opportunity to either teach a valuable lesson or show how to nurture and support them. Parents will learn the 11 greatest words in Parenting: (Do whatever it takes. It's never too late. Never give up.) While laughing and listening to life changing stories they will learn creative ways to communicate with their children as well as the 10 things teachers need most from parents. This session is a powerful close to a life altering day for many people.

**If you choose to have Bill return a month later to work with your student leaders the next few sessions might look similar to this:**

#### **Day 2, Session 1**

- Occurs: One month later
- This day includes ( Workshop Led By Bill Sanders)
- Length of Session: 90 minutes

- Our 40 peer leader students attend this session
- Title: "I know how it feels"

#### Understanding Other People's Pain

Objectives: Finding out that each of us have had similar experiences such as feeling lonely, needing friends, wanting to be popular, or being picked on. The students will learn to be more focused on helping others than on looking at themselves in the mirror.

#### Day 2, Session 2

- ◆ Same as above with the second group of 40 leaders

#### **Day 3, Session 1**

- Occurs: Sixty days after Day 1
- This session includes: Another all school Assembly by Bill Sanders
- Length: 60 minutes
- Objective
- Workshop Led By: Bill Sanders
- Length of Session: 90 minutes
- Title: "Taking Care of Myself", (In order to help others I must respect myself and make good choices)
- Focus Of Session: To discover that it's OK to feel good about myself. Learning 52 creative ways of taking care of oneself. To experience a positive group activity where each individual contributes to a task.